

2024-25 Program Topics

Programs will be offered during the day and evening. We hope you will join us for what fits your schedule best.

Stay tuned to your email for program details throughout the year.



September 26, 2024: Skincare for Every Decade
6:00pm-7:30pm, Charlotte Skin & Laser

October 23, 2024 Community Health Classroom
12:00pm-1:30pm, Myers Park Presbyterian, Oxford Hall
Impact of the Arts on Brain Health and Healing

November 2024: AI in Medicine

December 2024: Fashion Event

January 2025: Managing Anxiety and Loneliness

February 2025: Functional Medicine and Yoga

March 2025: Colon Cancer and the Gut Microbiome

April 1, 2025: *One Pill Can Kill: The Fentanyl Crisis*
12:00pm-1:30pm, Myers Park Presbyterian, Oxford Hall

May 21, 2025: Annual Meeting
12:00pm-1:30pm, Quail Hollow Club Pavilion