

2024-25 Program Topics

Programs will be offered during the day and evening. We hope you will join us for what fits your schedule best. Stay tuned to your email for program details throughout the year.



September 26, 2024: Skincare for Every Decade
6:00pm-7:30pm, Charlotte Skin & Laser

October 23, 2024: Community Health Classroom
12:00pm-1:30pm, Myers Park Presbyterian, Oxford Hall
Impact of the Arts on Brain Health and Healing

November 12, 2024: AI in Medicine
12:00pm-1:30pm, Myers Park Presbyterian, A104

December 9, 2024: Small Group Mentoring Session with Right Moves For Youth at AG Middle School.

December 12 2024: Present Age Ministries Site Visit

December 16 2024: Fashion Event at Monkee's | 10:00am

January 7, 2025: From Isolation to Connection: Overcoming Anxiety and Loneliness | 12:00pm-1:30pm, Myers Park Presbyterian, A104

February 24, 2025: Fashion Event at Sherrard Style | 10:00am

February 27, 2025: Thriving to Be Optimal: The Power of Muscle
12:00pm-1:15pm, Myers Park Presbyterian, A104

March 2025: Colon Cancer and the Gut Microbiome

April 1, 2025: One Pill Can Kill: The Fentanyl Crisis
12:00pm-1:30pm, Myers Park Presbyterian, Oxford Hall

May 21, 2025: Annual Meeting
12:00pm-1:30pm, Quail Hollow Club Pavilion